


May 2019 Monthly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> Connected Emotional Intellectual Physical Purposeful Social Spiritual 		10:00 Current Event/Chair Exercise/Walking 1 10:30 No Bake Day 1:00 One on One 2:00 Remember When? 3:00 Bowling 6:00 Relaxing Time/Soft Music 7:00 TV Time	10:00 Current Event/Stretch Band Exercise 2 10:30 Memory Boxes (Rummage) 2:00 Playing Cards Match Game 3:00 Hangman 6:00 Relaxing Time/Soft Music 7:00 TV Time	10:00 Current Event/Chair Exercise 3 10:30 Gardening 1:00 One on One Time (102) 2:00 Movie Matinee/Snacks 3:00 Horseshoes 6:00 Exercise: Arms 7:00 TV Time	10:00 Current Event/Chair Exercise/Walking 4 10:30 Hostess Cupcakes Snacks 1:00 Annie's Housekeeping 3:00 Crossword Puzzle 6:00 Books/Magazines 7:00 TV Time
9:00 Televised Church 5 10:00 Current Events/Exercise 10:30 Memory Boxes (Rummage) 2:00 Water Coloring Artwork 3:00 Ring Toss Game 6:00 Relaxing Soft Music 7:00 TV Time	10:00 Current Events/Stretch Band Exercise 6 10:30 Call to Mind 11:30 Soft Music/Hand Washing 2:00 Memory Boxes (Rummage) 3:00 Volleyball 6:00 Relaxing w/Soft Music 7:00 TV Time	10:00 Current Events/Waist-Toes Exercise 7 10:30 Thread Cheerios 2:00 Coloring Arts 3:00 Manicures 6:00 Exercise: Arms 7:00 TV Time	10:00 Current Event/Chair Exercise/Walking 8 10:30 No Bake Day 1:00 One on One Time (105) 2:00 Remember When? 3:00 Bowling 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Stretch Band Exercise 9 10:30 Memory Boxes (Rummage) 2:00 Playing Cards Match Game 3:00 Hangman 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Chair Exercise 10 10:30 Gardening 1:00 One on One Time (105) 2:00 Root Beer Floats/Snacks 3:00 Coloring Pencil Artwork 6:00 Exercise: Arms 6:00 Exercise: Arms 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Chair Exercise/Walking 11 10:30 Folding Laundry 1:00 Annie's Housekeeping 3:00 Jumbo Checkers 6:00 Exercise: Legs 6:00 Relaxation w/Soft Music 7:00 TV Time
9:00 Televised Church 12 10:00 Current Events/Exercise 10:30 Coloring Mother's Day Cards 3:15 Mother's Day Social 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Events/Stretch Band Exercise 13 10:30 Call to Mind 11:30 Lunch @ Silver Bay 1:00 One on One Time (105) 2:00 Memory Boxes (Rummage) 3:00 Volleyball 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Events/Waist-Toes Exercise 14 10:30 Memory Boxes (Rummage) 10:30 Spelling Bee 3:00 Manicures 6:00 Alzheimer's Support Group 6:00 Exercise: Arms 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Chair Exercise/Walking 15 10:30 No Bake Day 1:00 One on One Time (105) 2:00 Remember When? 3:00 Bowling 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Stretch Band Exercise 16 10:30 Memory Boxes (Rummage) 2:00 Playing Cards Match Game 3:00 Hangman 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Chair Exercise 17 10:30 Gardening 1:00 One on One Time (105) 2:00 Strawberry Floats/Snacks 3:00 Coloring Pencil Artwork 6:00 Exercise: Arms 6:00 Exercise: Arms 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Chair Exercise/Walking 18 10:30 Folding Laundry 1:00 Living Word Church 3:00 Crossword Puzzle 6:00 Relaxation w/Soft Music 7:00 TV Time
9:00 Televised Church 19 10:00 Current Events/Exercise 10:30 Memory Boxes (Rummage) 2:00 Divine Faith Ministries Church 3:15 Ring Toss Game 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Events/Stretch Band Exercise 20 10:30 Call to Mind 11:30 Soft Music/Hand Washing 1:00 Living Word Church Services 2:00 Memory Boxes (Rummage) 3:00 Volleyball 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Events/Waist-Toes Exercise 21 10:30 Memory Boxes (Rummage) 11:00 Jumbo Checkers 2:00 Divine Faith Church Services 3:00 Manicures 6:00 Exercise: Arms 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Chair Exercise/Walking 22 10:30 No Bake Day 1:00 One on One Time (105) 2:00 Remember When? 3:00 Bowling 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Stretch Band Exercise 23 10:30 Memory Boxes (Rummage) 2:00 Playing Cards Match Game 3:00 Hangman 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Chair Exercise 24 10:30 Gardening 1:00 One on One Time (105) 2:00 Tea/Snacks 3:00 Coloring Pencil Artwork 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Chair Exercise/Walking 25 10:30 Fold Laundry 1:00 Annie's Housekeeping 3:00 Jumbo Checkers 6:00 Relaxation w/Soft Music 7:00 TV Time
9:00 Televised Church 26 10:00 Current Events/Exercise 10:30 Memory Boxes (Rummage) 2:00 World Changer's Church Services 3:15 Ring Toss Game 6:00 Relaxation w/Soft Music 7:00 TV Time	10:15 Current Events/Stretch Band Exercise 27 10:30 Call to Mind 11:30 Soft Music/Hand Washing 2:00 Memory Boxes (Rummage) 3:00 Volleyball 6:00 Relaxation w/Soft Music 7:00 TV Time	10:15 Current Events/Waist-Toes Exercise 28 10:30 Memory Boxes (Rummage) 11:00 Jumbo Checkers 2:00 World Changer's Church Services 3:00 Manicures 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Chair Exercise/Walking 29 10:30 No Bake Day 1:00 One on One Time (105) 2:00 Remember When? 3:00 Bowling 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Stretch Band Exercise 30 10:30 Memory Boxes (Rummage) 2:00 Playing Cards/Match Game 3:00 Hangman 6:00 Relaxation w/Soft Music 7:00 TV Time	10:00 Current Event/Chair Exercise 31 10:30 Gardening 1:00 One on One Time (105) 2:00 Movie Matinee/Snacks 6:00 Relaxation w/Magazines 7:00 TV Time	