

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY AUGUST 2019



Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual
- Health Services
- Purposeful

Meeting Places

- LC Lifestyle Center
- LB Library
- FL Front Lobby
- DR Dining Room

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>01</b>	<b>02</b>	<b>03</b>
				10:00 Resistance Training LC 10:30 Silver Sneakers LC 11:00 Baker's Corner LC 11:30 One on One Time LC 1:00 Movie & Snacks LC 6:00 Action Movie LC	10:00 Rev. Hastings Message LB BINGO LC One on One Time LC Nail Spa LC 2:00 Groov'in To The Music LC 3:00 Friday Delicacy LC 5:30 Musical Memories FL 6:30 Viewer's Choice Movie LB	10:00 Morning News LB 10:30 Find the Message LC 11:00 Saturday Word Search LC 11:30 Hidden Objects LC 2:00 Zion Hill Baptist Church FL 4:00 Musical Stroll FL 6:30 Feel Good Evening Movie LB
<b>04</b>	<b>05</b>	<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>
10:00 Sunday Bible Chat LC 10:45 Sunday Crossword LC 1:00 Audio Bible Scripture FL 2:00 Gospel Hour FL 4:00 Televised Church Service LB 5:30 Music & Memories DR 6:30 Classic Christian Movie LB	10:30 BINGO LC 11:30 What Am I? LC 1:00 One on One Time LC 2:00 Beating The Heat LC 2:00 Laugh Block LC 3:00 Watercolor LC 6:00 Chick Flick LB	10:00 Cardio Training LC 10:30 Radio Remembrance LC 11:00 Musical Memories LC 1:00 One on One Time LC 2:00 Color My World LC 2:00 Shopping Trip FL 2:30 Crafting Corner LC 6:00 Turner Classic Movie LB	10:30 Baker's Delight LC 11:30 One on One Time LC 1:00 BINGO LC 2:00 Activity Meeting LC 2:00 Happy Hour LC 3:30 Classic Tv Series LC 6:00 Wednesday Westerns LB	10:00 Resistance Training LC 10:30 Silver Sneakers LC 10:30 BINGO LC 11:30 One on One Time LC 1:00 Nail Spa LC 3:00 Frozen Delicacy LC 6:00 Action Movie LC	10:00 Ceramic Painting LC Rev. Hastings Message LB One on One Time LC Movie & Snacks LC 2:00 Chicken Soup For The Soul LC 4:00 Groov'in To The Music LC Musical Memories FL Viewer's Choice Movie LB	10:00 Morning News LB 10:00 Apostolic Tabernacle LC 11:00 LCR LC 1:00 BINGO LC 2:00 Zion Hill Baptist Church LB 4:00 Musical Stroll FL 6:30 Feel Good Evening Movie LB
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
10:00 Sunday Bible Chat LC 10:45 Sunday Crossword LC 11:00 Pathway Gospel LB 1:00 Audio Bible Scripture FL 2:00 Room to Room World Changers LC 4:00 Televised Church Service LB 5:30 Music & Memories DR 6:30 Classic Christian Movie LB	10:30 BINGO LC 11:30 Would You Rather? LC 1:00 One on One Time LC 2:00 Laugh Block LC 2:30 Beating The Heat LC 3:00 Canvas Art LB 6:00 Chick Flick LB	10:00 Cardio Training LC 10:30 Radio Remembrance LC 11:00 Musical Memories LC 1:00 One on One Time LC 2:00 Color My World LC 2:00 Shopping Trip FL 3:00 Crafting Corner LC 3:30 Alzheimer's Support Group LB 6:00 Turner Classic Movie LB	10:30 Baker's Delight LC 11:00 Chair Tai Chi LC 11:30 One on One Time LC 1:00 BINGO LC 2:00 Happy Hour LC 3:00 Resident Council Meeting LC 6:00 Classic Tv Series LC Wednesday Westerns LB	10:00 Resistance Training LC BINGO LC One on One Time LC Nail Spa LC 2:30 The Color Red LC 3:00 Frozen Delicacy LC 6:00 Action Movie LC	10:00 Rev. Hastings Message LB One on One Time LC Movie & Snacks LC 2:00 Groov'in To The Music LC 3:00 Humor For The Heart LC 5:30 Musical Memories FL Viewer's Choice Movie LB	10:00 Morning News LB 10:30 Saturday Searching LC 11:30 Scavenger Hunt FL 1:30 Faith Walk Ministries LB 2:30 Saturday Star Shines LC 5:30 Musical Stroll FL 6:30 Feel Good Evening Movie LB
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
10:00 Sunday Bible Chat LC 10:45 Sunday Crossword LC 1:00 Audio Bible Scripture FL 2:00 Divine Faith Ministries LB 4:00 Televised Church Service LB 5:30 Music & Memories DR 6:30 Classic Christian Movie LB	10:30 BINGO LC 11:30 Hangman LC 1:00 One on One Time LC 2:00 Laugh Block LC 2:30 Beating The Heat LC 3:00 Watercolor LB 6:00 Chick Flick LB	10:00 Cardio Training LC 10:30 Radio Remembrance LC 11:00 Musical Memories LC 1:00 One on One Time LC 2:00 Color My World LC 3:00 Shopping Trip FL 3:30 Crafting Corner LC 6:00 Turner Classic Movie LB	10:30 Baker's Delight LC 11:30 One on One Time LC 1:00 BINGO LC 2:00 Happy Hour LC 3:00 Romeo Meeting LC 3:30 Classic Tv Series LC 6:00 Wednesday Westerns LB	10:00 Resistance Training LC 10:30 Silver Sneakers LC 11:00 Baker's Corner LC 11:30 One on One Time LC 1:00 Movie & Snacks LC 2:00 Treasure Of Inspiration LC 5:00 Family Fun Night Luau FL	10:00 Rev. Hastings Message LB BINGO LC One on One Time LC Nail Spa LC 2:00 Groov'in To The Music LC 3:00 Friday Delicacy LC 5:30 Musical Memories FL Viewer's Choice Movie LB	10:00 Morning News LB 10:30 BINGO LC 1:00 Saturday Searching FL 2:30 Love Culture Church Visit LB 3:30 Riddle Me This!! LC 5:30 Musical Stroll FL 6:30 Feel Good Evening Movie LB
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
10:00 Sunday Bible Chat LC 10:45 Sunday Crossword LC 11:00 Pathway Gospel DR 1:00 Audio Bible Scripture FL 2:00 Gospel Hour FL 4:00 Televised Church Service LB 5:30 Music & Memories DR 6:30 Classic Christian Movie LB	10:30 BINGO LC 11:30 Name 5 LC 1:00 One on One Time LC 2:00 Laugh Block LC 2:30 Beating The Heat LC 3:00 Canvas Art LB 6:00 Chick Flick LB	10:00 Cardio Training LC 10:15 Painting With Cindy LC 10:30 Radio Remembrance LC 11:00 Musical Memories LC 1:00 One on One Time LC 2:00 Color My World LC 3:00 Shopping Trip FL 2:30 Crafting Corner LC 6:00 Turner Classic Movie LB	10:30 Baker's Delight LC 11:00 Chair Tai Chi LC 11:30 One on One Time LC 1:00 BINGO BONANZA LC 2:00 Happy Hour LC 3:00 Juliette Meeting LC 3:30 Classic Tv Series LC 6:00 Wednesday Westerns LB	10:00 Resistance Training LC 10:30 Silver Sneakers LC 11:00 Baker's Corner LC 11:30 One on One Time LC 1:00 Movie & Snacks LC 2:00 Don't Sweat The Small Stuff LC 2:30 God's Vitamin C LC 6:00 Action Movie LC	10:00 Rev. Hastings Message LB BINGO LC One on One Time LC Nail Spa LC 2:00 Groov'in To The Music LC 3:00 Friday Delicacy LC 5:30 Musical Memories FL Viewer's Choice Movie LB	10:00 Morning News LB 10:30 Crossword Puzzle LC 11:00 Wacky Wordies LC 11:30 Checkers LC 2:30 Saturday Star Shines LC 5:30 Musical Stroll FL 6:30 Feel Good Evening Movie LB