



FEBRUARY 2020

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Revere Living at

Cadence at Mt. Zion

7493 Mt. Zion BLVD.

Jonesboro, GA 30236

(770) 210-6433

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Bible Trivia LR

10:30 Parachute Play/Music LR

02:00 I remember When LR

03:00 Words of Wisdom w/Vanessa (Library) LB

06:00 All About You LR

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Bible Trivia LR

10:30 Parachute Play/Music LR

02:00 I remember When LR

03:00 Words of Wisdom w/Vanessa (Library) LB

06:00 All About You LR

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Bible Trivia LR

10:30 Parachute Play/Music LR

02:00 I remember When LR

03:00 Words of Wisdom w/Vanessa (Library) LB

06:00 All About You LR

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Bible Trivia LR

10:30 Parachute Play/Music LR

02:00 I remember When LR

03:00 Words of Wisdom w/Vanessa (Library) LB

06:00 All About You LR

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Bible Trivia LR

10:30 Parachute Play/Music LR

02:00 I remember When LR

03:00 Words of Wisdom w/Vanessa (Library) LB

06:00 All About You LR

02

06:00 ADL's & Chat LR

09:00 Televised Church Service LR

10:15 Reminisce Church Services LR

10:15 Current Event/Exercise LR

02:00 One on One & Snacks LR

03:15 Ring Toss LR

06:00 Pampered Hands/Sounds of Nature LR

07:00 Group Story Telling LR

03

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Simple Stretches LR

10:30 Community Outreach Starting Shoe Boxes LR

02:00 Delores' Corner DR

03:15 Manicures DR

06:00 Short Story LR

07:00 Classic TV (Channel 65) LR

04

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/5 Minute Moves Exercise LR

10:30 Time w/Grandparents LR

11:00 Lunch Bunch FL

02:00 Rummy Words LR

03:15 Bowling LR

07:00 Community Helpers Career Matching LR

05

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Fitness in 15 Minutes LR

10:30 Round Table Reading DR

03:00 Bingo LR

06:00 Hot Seat Questions LR

07:00 Short Story LR

06

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Taste N Tell DR

02:00 Thankful Thursday Questions LR

03:15 Color Pencil Artwork DR

06:00 Community Helpers Career Matching DR

07

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Walk the Block FL

10:15 Current Event/Exercise LR

02:00 Card Match DR

03:15 Ring Toss LR

06:00 Group Story Telling LR

07:00 Classic TV (Channel 66) LR

08

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Bible Trivia LR

10:30 Parachute Play/Music LR

02:00 I remember When LR

03:00 Words of Wisdom From Residents LR

06:00 All About You LR

09

06:00 ADL's & Chat LR

09:00 Televised Church Service LR

10:15 Reminisce Church Services LR

10:15 Current Event/Exercise LR

02:00 One on One & Snacks LR

03:15 Ring Toss LR

06:00 Pampered Hands/Sounds of Nature LR

07:00 Group Story Telling LR

10

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Poster Crossword Puzzle LR

02:00 Live from the Museum LR

03:15 Manicures DR

06:00 Teach-n-Talk Group Chat DR

07:00 Classic TV (Channel 66) LR

11

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Time w/Grandparents LR

02:00 Scenic Ride/Chat BY

03:15 Bowling LR

06:00 Alzheimer's Support Group Meeting LB

07:00 Community Helpers Career Matching LR

12

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Bingo LR

03:00 Card Match DR

06:00 Hot Seat Questions LR

07:00 Short Story LR

13

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Numbers Match DR

02:00 Thankful Thursday Questions LR

03:15 Color Pencil Artwork DR

06:00 Community Helpers Career Matching DR

14

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Walk the Block FL

10:15 Current Event/Exercise LR

02:00 Movie Matinee & Snacks DR

03:15 Ring Toss LR

06:00 Group Story Telling LR

07:00 Friday Night Flick LR

15

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Bible Trivia LR

01:00 Living Word Church LR

02:00 I remember When LR

03:15 Bowling LR

06:00 All About You LR

16

06:00 ADL's & Chat LR

09:00 Televised Church Service LR

10:15 Reminisce Church Services LR

10:15 Current Event/Exercise LR

02:00 One on One & Snacks LR

03:15 Ring Toss LR

06:00 Pampered Hands/Sounds of Nature LR

07:00 Group Story Telling LR

Washington's Birthday 17

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Joggin Your Noggin LR

02:00 Trace/Color DR

03:15 Manicures DR

06:00 Short Story LR

07:00 Classic TV (Channel 65) LR

18

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Time w/Grandparents LR

10:30 Clay Art Therapy/Cleaning DR

02:00 Delores' Corner (Things of Nature) BY

03:15 Bowling LR

07:00 Community Helpers Career Matching LR

19

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Bocce Disk DR

02:00 Ride out for Shakes BY

03:00 Bingo LR

06:00 Hot Seat Questions LR

07:00 Short Story LR

20

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Challenge Your Brain DR

02:00 Thankful Thursday Questions LR

03:15 Color Pencil Artwork DR

06:00 Community Helpers Career Matching DR

21

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Walk the Block FL

10:15 Current Event/Exercise LR

02:00 Movie & Snacks DR

03:15 Ring Toss LR

06:00 Group Story Telling LR

07:00 Poems LR

22

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Bible Trivia LR

10:30 Parachute Play/Music LR

02:00 I remember When LR

03:00 Guitar Ministries w/Vanessa Chapman DR

06:00 All About You LR

23

06:00 ADL's & Chat LR

09:00 Televised Church Service LR

10:15 Reminisce Church Services LR

10:15 Current Event/Exercise LR

02:00 One on One & Snacks LR

03:00 World Changer's Church LR

06:00 Pampered Hands/Sounds of Nature LR

07:00 Group Story Telling LR

24

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Poster Crossword Puzzle LR

02:00 Artistic Expressions DR

03:15 Manicures DR

06:00 Card Match DR

07:00 Classic TV (Channel 66) LR

25

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:00 Mini Mall Shopping BY

10:15 Current Event/Exercise LR

10:30 Time w/Grandparent LR

02:00 Rummy Words LR

03:15 Bowling LR

07:00 Community Helpers Career Matching LR

26

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Round Table Talk DR

03:00 Bingo LR

06:00 Hot Seat Questions LR

07:00 Short Story LR

27

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 One on One Time DR

02:00 Thankful Thursday Questions LR

03:15 Birthday Social DR

06:00 Community Helpers Career Matching DR

28

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Walk the Block FL

02:00 Shakes DR

03:15 Ring Toss LR

06:00 Group Story Telling LR

07:00 Poems LR

29

06:00 ADL's & Chat LR

09:00 Soft Music LR

10:15 Current Event/Exercise LR

10:30 Parachute Play/Music LR

02:00 I remember When LR

03:00 Bowling LR

06:00 All About You LR