



MARCH 2020

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>01</p> <p>06:00 ADL's & Chat LR 09:00 Televised Church Service LR 10:15 Reminisce Church Services LR 02:00 One on One & Snacks LR 03:15 Ring Toss LR 06:00 Pampered Hands/Sounds of Nature LR 07:00 Group Story Telling LR</p>	<p>02</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music w/Ms.McCoy LR 10:15 Exercise w/Scarves LR 01:30 Springtime Trivia LR 02:00 Make and Share (Floats) DR 03:15 Manicures DR 07:00 Relax & Chat w/Staff (Snack) LR</p>	<p>03</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Seated Exercise LR 11:00 Lunch Outing FL 02:00 Delores' Corner (Kings in the Corner) LR 03:15 Bowling LR 07:00 Ms. Annie's (Sweeping/Cleaning Tables) DR</p>	<p>04</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Move to the Beats Exercise LR 01:30 Art Therapy (Clay Ornaments) DR 03:00 Parachute Play LR 07:00 Short Story LR</p>	<p>05</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Chair Tai-Chi LR 02:00 Happy Hour/Chat Social DR 03:15 Color Pencil Artwork DR 07:00 Evening Stroll to Nu Step cycle w/Book LR</p>	<p>06</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Walk the Block FL 02:00 BINGO DR 03:15 Ring Toss LR 06:00 Group Story Telling LR 07:00 Magazines/Books LR</p>	<p>07</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Current Event/Exercise LR 10:30 Aria Music w/Ms. McCoy (Opera) LR 03:15 I remember When LR 06:00 Recite Poems Together LR 07:30 Say A Prayer LR</p>
<p>08</p> <p>06:00 ADL's & Chat LR 09:00 Televised Church Service LR 10:15 Reminisce Church Services LR 02:00 One on One & Snacks LR 03:15 Ring Toss LR 06:00 Pampered Hands/Sounds of Nature LR 07:00 Group Story Telling LR</p>	<p>09</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Move to Beats LR 01:30 Springtime Trivia LR 02:00 Trace/Manipulate/Color DR 03:15 Manicures DR 07:00 A Historical Moment LR</p>	<p>10</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Sort Chips By Colors DR 02:00 Rummy Words LR 03:15 Bowling LR 06:00 Alzheimer's Support Group Meeting LB 07:00 Ms. Annie's (Sweeping/Cleaning Tables) DR</p>	<p>11</p> <p>06:00 ADL's & Chat LR 08:00 Breakfast Outing FL 09:00 Soft Music LR 10:15 Seated Exercise LR 01:30 Art Therapy (Clay Ornaments) DR 03:00 Parachute Play LR 07:00 Short Story LR</p>	<p>12</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Exercise w/Scarves LR 01:30 Reminiscing Moment (1st Job) LR 02:00 Thankful Thursday Questions LR 03:15 Color Pencil Artwork DR 07:00 Evening Stroll to Nu Step cycle w/Book LR</p>	<p>13</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Walk the Block FL 01:30 Western Movies & Popcorn LR 03:15 Ring Toss LR 06:00 Group Story Telling LR 06:00 Recite A Poem LR</p>	<p>14</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Current Event/Exercise LR 10:30 Bible Trivia LR 02:00 I remember When LR 03:15 Bowling LR 07:00 Walk to NuStep Machine LR</p>
<p>15</p> <p>06:00 ADL's & Chat LR 09:00 Televised Church Service LR 10:15 Reminisce Church Services LR 02:00 One on One & Snacks LR 03:15 Ring Toss LR 06:00 Pampered Hands/Sounds of Nature LR 07:00 Group Story Telling LR</p>	<p>16</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Seated Exercise LR 01:30 Springtime Trivia LR 02:00 Trace/Manipulate/Color DR 03:15 Manicures DR 06:00 A Historical Moment LR</p>	<p>17</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Sort Chips By Colors DR 10:15 Exercise w/Scarves LR 02:00 Rummy Words LR 03:15 Bowling LR 07:00 Ms. Annie's (Sweeping/Cleaning Tables) DR</p>	<p>18</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Move to Beats LR 01:30 Art Therapy (Clay Ornaments) DR 02:00 Ride out for Shakes BY 03:00 Parachute Play LR 07:00 Short Story LR</p>	<p>19</p> <p>12:00 Delores' Corner (Clip Coupons to Donate) DR 06:00 ADL's & Chat LR 09:00 Soft Music LR 02:00 Thankful Thursday Questions LR 03:15 Color Pencil Artwork DR 07:00 Evening Stroll to Nu Step cycle w/Book LR</p>	<p>20</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Walk the Block FL 01:30 Busy Hands/Fine Arts DR 02:00 BINGO DR 03:15 Ring Toss LR 06:00 Group Story Telling LR</p>	<p>21</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Current Event/Exercise LR 01:00 Living Word Church LR 03:00 Meditation w/Vanessa Chapman LC 03:15 Bowling LR 07:00 Hand Massages DR</p>
<p>22</p> <p>06:00 ADL's & Chat LR 09:00 Televised Church Service LR 10:15 Reminisce Church Services LR 02:00 One on One & Snacks LR 03:15 Ring Toss LR 06:00 Pampered Hands/Sounds of Nature LR 07:00 Group Story Telling LR</p>	<p>23</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Move to Beats LR 01:30 Springtime Trivia LR 02:00 Trace/Manipulate/Color DR 03:15 Manicures DR 06:00 A Historical Moment LR</p>	<p>24</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Sort Chips By Colors DR 10:15 Exercise w/Scarves LR 02:00 Rummy Words LR 03:15 Bowling LR 07:00 Ms. Annie's (Sweeping/Cleaning Tables) DR</p>	<p>25</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:00 Mini Mall Shopping BY 01:30 Art Therapy (Clay Ornaments) DR 03:00 Parachute Play LR 07:00 Short Story LR</p>	<p>26</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Seated Exercise LR 02:00 Thankful Thursday Questions LR 03:15 Color Pencil Artwork DR 07:00 Evening Stroll to Nu Step cycle w/Book LR</p>	<p>27</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Walk the Block FL 01:30 Busy Hands/Fine Arts DR 02:00 Card Match/Sort Chips DR 03:15 Ring Toss LR 06:00 Group Story Telling LR</p>	<p>28</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Current Event/Exercise LR 02:00 I remember When LR 03:00 Guitar Ministries w/Vanessa Chapman DR</p>
<p>29</p> <p>06:00 ADL's & Chat LR 09:00 Televised Church Service LR 10:15 Reminisce Church Services LR 02:00 One on One & Snacks LR 03:15 Ring Toss LR 06:00 Pampered Hands/Sounds of Nature LR 07:00 Group Story Telling LR</p>	<p>30</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Move to Beats LR 01:30 Springtime Trivia LR 02:00 Birthday Cake Social LR 02:00 Trace/Manipulate/Color DR 03:15 Manicures DR 06:00 A Historical Moment LR</p>	<p>31</p> <p>06:00 ADL's & Chat LR 09:00 Soft Music LR 10:15 Sort Chips By Colors DR 10:15 Exercise w/Scarves LR 02:00 Rummy Words LR 03:15 Bowling LR 07:00 Ms. Annie's (Sweeping/Cleaning Tables) DR</p>	<p>Revere Living at Cadence at Mt. Zion</p> <p>7493 Mt. Zion BLVD</p> <p>Jonesboro, GA 30236</p> <p>(770) 210-6433</p>		<p>Meeting Places</p> <p>LR Living Room DR Dining Room FL Front Lobby LC Lifestyle Center LB Library BY Backyard</p>	<p>Dimensions of Wellness</p> <p> Physical Emotional Spiritual Environmental Vocational Social Intellectual</p>